

FOUR PARTS OF PRAYER

MATTHEW 6:9-13

OBJECTIVE:

Use the ACTS Acronym to learn the four parts of prayer (Adoration, Confession, Thanksgiving and Supplication)

MATERIALS:

1 small pack of M&M's (any flavor) per child
1 small container per child
Paper and markers

LESSON::

1. Begin with the M&M Icebreaker. See below (page 3).

2. Discuss the four parts of prayer:
 - A. Write the word ACTS down the left side of your paper.
 - B. Read the word, which you have written: (ACTS)
 - C. Explain that there are four parts to prayer. Sometimes we pray one part; other times we pray all four parts.
 - D. Complete your paper with the following words and explain the meaning of each word:
 - Adoration* (Acknowledging who God is)
 - Confession* (Telling God that you are sorry for wrongdoings)
 - Thanksgiving* (Thanking God for His blessings)
 - Supplication* (Asking God for help, healing, provision or guidance for ourselves and

 - E. Commit these parts to memory by playing the M&M Prayer game. See page 4 for the M&M Prayer.

If the lesson is getting too long, you can stop here and finish the part about the section on the Lord's Prayer another day.

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LESSON continued

3. Read Matthew 6:9-13 (Lord's Prayer) aloud.
4. Reread the Lord's prayer, one section at a time. Discuss the meaning of each section and which part of prayer it represents
3. Close with the Lord's Prayer.

*Scroll down to page 3 for the M&M Icebreaker
and page 4 for the M&M Prayer.*

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PAGE 3

M&M Icebreaker

Directions:

1. Pour the bag of M&Ms into your container.
2. Close your eyes.
3. Pick up one M&M from the container.
4. Complete the sentence for the color you picked.
5. You may eat the M&M you picked
6. Give everyone five turns. (Don't eat anymore M&M's. You'll need them for the M&M Prayer.)

	My favorite thing to do is...
	I don't like it when...
	I can't wait until...
	I am good at...
	I am afraid of...
	When I grow up, I want to...

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PAGE 4

M&M Prayer

Directions:

1. Pour the bag of M&Ms into your container.
2. Close your eyes.
3. Pick up one M&M from the container.
4. Complete the prayer for the color you picked. (Each color is a different part of prayer.)
5. You may eat the M&M you picked.
6. Give everyone a minimum of five turns.
7. Enjoy the remainder of the M&M's!

	ADORATION (God is...)
	CONFESSION (I am sorry that...)
	THANKSGIVING (I am thankful for...)
	SUPPLICATION (For another person)
	SUPPLICATION (For myself)
	GOD, I WONDER WHY...